

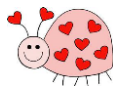




**Middle School
Lunch Menu**

February 2024

**Regular Lunch \$3.00
Milk \$0.50**

Reduced Lunch ~~\$0.40~~ FREE Adult \$4.50
Daily milk choices include non-fat (flavored and unflavored) or 1 % milk (unflavored). --- Whole Grain = WG



Monday	Tuesday	Wednesday	Thursday	Friday
				
1 Chicken Patty Baked French Fries Pears	5 Ravioli Garlic Breadstick Steamed Broccoli Applesauce	6 Cheese Quesadilla Refried Beans Mandarin Oranges	7 Stromboli Black Bean and Corn Ranchero Asst. Fruit	8 Groundhog Day Stuffed Crust Pizza Tossed Italian Salad Fresh Apple
9 Popcorn Chicken Baked Beans Peaches	12 Nacho Dippy Dips Steamed Carrots Pineapple Tidbits	13 Valentines Day Mac -n- Cheese Stewed Tomatoes Peas Strawberry Fruit Cup	14 Hot Turkey and Gravy over Biscuit Corn Fruit Cocktail	15 French Bread Pizza Fresh Broccoli w/ Dip Fresh Orange
16 	19 Taco Salad w/ Lettuce, Tom and Cheese Refried Beans Orange Mango Applesauce	20 Italian Chicken Griller Parmesan Carrot Fries Apple Slices	21 Rotini and Meatballs Green Beans Pears	22 Pizza Sticks w/ Dipping Sce. Tossed Italian Salad Fresh Apple
23 Chicken Ranch Wrap Baked Beans Mixed Fruit	26 BBQ Rib Sandwich 3 Bean Salad Tropical Fruit	27 Busketti Parmesan Roasted Broccoli Peach Cup	28 Hot Ham and Cheese on Pretzel Roll Carrot Sticks w/ Dip Asst. Fruit	29

**"Regular"
Meal
Information:**

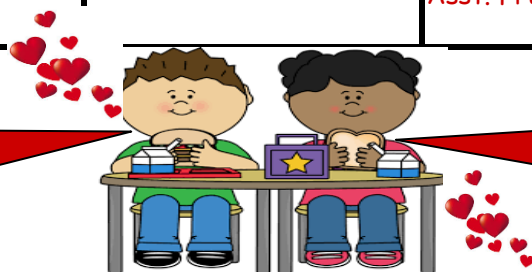
To receive a complete meal for the Paid price of \$3.00, Reduced Price of \$0.40, or for Free you must choose at least 3 of the 5 components of a "Regular Lunch" :

- * Grain
- * Meat or Meat Alt.
- * Fruit or Fruit Juice
- * Vegetable
- * Milk

Students may take all 5 components if they choose!!

Federal Regulations require that at least one of the component choices must be a fruit or vegetable.

**I Love School
Lunch!!!**



ME TOO!!!